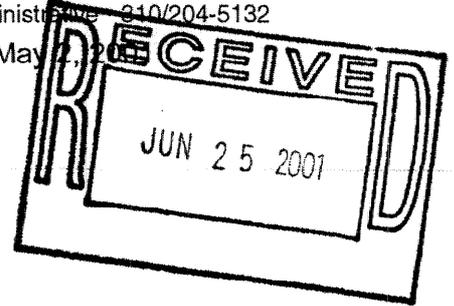


1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
200 C Street, S.W.
Washington, DC 20204
202-205-5229

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132
May 2, 2001



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

L-Carnitine is an amino acid found in high concentrations in human heart and liver tissue, where it participates in metabolizing fatty acids into energy by the mitochondria. **Coenzyme Q-10** is an important antioxidant found in high concentration in human heart and liver tissue, particularly in the inner mitochondrial membrane (where cell energy is produced). **Vitamin B-5** (Pantothenic Acid) participates in the production of energy by the mitochondria.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

L-Carnitine, Coenzyme Q10 and Vitamin B5

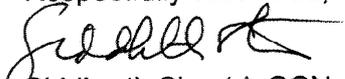
(4) Name of the dietary supplement(s)

Carnitine, Coenzyme Q10 and B5

(5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,


Siddharth Shastri, CCN

97S 0162

LET 8231

Vice President, Product Development
Licensed Clinical Nutritionist, #002378
(by the University of the State of New York, State Board of Education)

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